

Harvey Street Bistro - Lunch Menu 2013/2014

(Six-week Cycle Menu)

Week 1					Apprentice
	Monday	Tuesday	Wednesday	Thursday	Friday
Soup	Chicken Noodle	Vegetable Barley	Beef Noodle	Tomato Basil	Minestrone
Featured Salad	Grilled Chicken Caesar (Romaine, Parmesan, Croutons & Caesar Dressing)	Grilled Chicken Caesar (Romaine, Parmesan, Croutons & Caesar Dressing)	Grilled Chicken Caesar (Romaine, Parmesan, Croutons & Caesar Dressing)	Grilled Chicken Caesar (Romaine, Parmesan, Croutons & Caesar Dressing)	Grilled Chicken Caesar (Romaine, Parmesan, Croutons & Caesar Dressing)
Featured Sandwich	Mushroom & Swiss Burger (Lettuce, Tomato, on a Kaiser Roll, Root chips & Pickle)	Sloppy Joe (Chopped Pickles on a Kaiser Roll, Root Chips & Pickle)	Tuna Salad Sub (Lettuce, Tomato, Root chips & Pickle)	Bacon Cheddar Burger (Lettuce, Tomato, on a Kaiser Roll, Root chips & Pickle)	Bacon & Egg Salad Sub (Lettuce, Root chips & Pickle)
Featured Dessert		Apple Crisp & Chantilly Cream	Bread Pudding & Chantilly Cream	Blueberry Cobbler & Chantilly Cream	

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Week 2					Apprentice
	Monday	Tuesday	Wednesday	Thursday	Friday
Soup	Egg Drop	Turkey Vegetable	Italian Beef & Sausage	French Onion	Beef Barley
Featured Salad	Grilled Flank Steak (Mixed Greens, Blue Cheese, Onion Straws, Bacon & Apple Cider Vinaigrette)	Grilled Flank Steak (Mixed Greens, Blue Cheese, Onion Straws, Bacon & Apple Cider Vinaigrette)	Grilled Flank Steak (Mixed Greens, Blue Cheese, Onion Straws, Bacon & Apple Cider Vinaigrette)	Grilled Flank Steak (Mixed Greens, Blue Cheese, Onion Straws, Bacon & Apple Cider Vinaigrette)	Grilled Flank Steak (Mixed Greens, Blue Cheese, Onion Straws, Bacon & Apple Cider Vinaigrette)
Lunch Features	Hot Dog (Chopped Onions, Root Chips & Pickle)	Tuna Salad Sub (Lettuce, Tomato, Root Chips & Pickle)	Blue Cheese Burger (Lettuce, Tomato, on a Kaiser Roll, Root Chips & Pickle)	Bacon & Egg Salad Sub (Lettuce, Root Chips & Pickle)	Sloppy Joe (Chopped Pickles on a Kaiser Roll, Root Chips & Pickle)
		Chili Stuffed Baked Potato (Turkey Taco Meat, Black Olives, Scallions, Chipotle Sour Cream, Cheddar & Jalapeno)	Baked Ziti & Garlic Bread	Baked Ham, Raisin Sauce & Baked Macaroni & Cheese	
Featured Dessert		Bread Pudding & Chantilly Cream	Peach Cobbler & Chantilly Cream	Apple Crisp & Chantilly Cream	

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Week 3					Journeyman
	Monday	Tuesday	Wednesday	Thursday	Friday
Soup	Cream of Tomato	Carrot & Ginger	Bacon & Potato	Ham & Bean	Turkey Vegetable
Featured Salad	Roasted Turkey (Mixed Greens, Dried Cranberries, Spiced Nuts, Blue Cheese & Apple Cherry Vinaigrette)	Roasted Turkey (Mixed Greens, Dried Cranberries, Spiced Nuts, Blue Cheese & Apple Cherry Vinaigrette)	Roasted Turkey (Mixed Greens, Dried Cranberries, Spiced Nuts, Blue Cheese & Apple Cherry Vinaigrette)	Roasted Turkey (Mixed Greens, Dried Cranberries, Spiced Nuts, Blue Cheese & Apple Cherry Vinaigrette)	Roasted Turkey (Mixed Greens, Dried Cranberries, Spiced Nuts, Blue Cheese & Apple Cherry Vinaigrette)
Lunch Features	Grilled Buffalo Chicken Sandwich (Lettuce, Blue Cheese Dressing, on a Kaiser Roll, Root Chips & Pickle)	Roast Pork Loin Sandwich (Garlic Mayo, Lettuce, Caramelized Onions, on a Kaiser Roll, Root Chips & Pickle)	Chipotle Chicken Salad Sandwich (Lettuce on a Kaiser Roll, Root Chips & Pickle)	Roasted Turkey Sub (Apple Cherry Chutney, Lettuce, Tomato, Root Chips & Pickle)	BLT (On a Kaiser Roll, Root Chips & Pickle)
		Turkey Tetrazini & Garlic Bread	Roast Pork Loin Sandwich (Garlic Mayo, Lettuce, Caramelized Onions, on a Kaiser Roll, Root Chips & Pickle)	Italian Turkey Meatball Sub, (Oven Roasted Tomato Sauce, Grilled peppers, onions & mushrooms, Root Chips & Pickle)	
Featured Dessert		Carrot Cake	Angel Food Cake & Mixed Berry Compote	Apple Dumpling & Chantilly Cream	

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Week 4					Journeyman
	Monday	Tuesday	Wednesday	Thursday	Friday
Soup	Cream of Potato Leek	Portugese Kale & Sausage	New England Clam Chowder	Vegetable Lentil	Chicken & Rice
Featured Salad	Taco Salad (Homemade Tortilla Chips, Mixed Greens, Roasted Tomato Salsa, Cheddar, Turkey Taco Meat, Chipotle Sour Cream, Southwestern Ranch)	Taco Salad (Homemade Tortilla Chips, Mixed Greens, Roasted Tomato Salsa, Cheddar, Turkey Taco Meat, Chipotle Sour Cream, Southwestern Ranch)	Taco Salad (Homemade Tortilla Chips, Mixed Greens, Roasted Tomato Salsa, Cheddar, Turkey Taco Meat, Chipotle Sour Cream, Southwestern Ranch)	Taco Salad (Homemade Tortilla Chips, Mixed Greens, Roasted Tomato Salsa, Cheddar, Turkey Taco Meat, Chipotle Sour Cream, Southwestern Ranch)	Taco Salad (Homemade Tortilla Chips, Mixed Greens, Roasted Tomato Salsa, Cheddar, Turkey Taco Meat, Chipotle Sour Cream, Southwestern Ranch)
Lunch Features	Hot Dog (Chopped Onions, Root Chips & Pickle)	Grilled Chicken Caesar Sandwich (Romaine, Caesar Dressing, on a Kaiser Roll, Root Chips & Pickle)	Italian Cold Cut Sub (Ham, Turkey & Salami, Lettuce, Tomato, Onion, Italian Dressing, Root Chips & Pickle Spear)	Mushroom & Swiss Burger (Lettuce, Tomato, on a Kaiser Roll, Root Chips & Pickle)	Grilled Sesame Chicken Sandwich (Asian BBQ Sauce, Lettuce, Carrot, Scallion, on a Kaiser Roll, Root Chips & Pickle)
		Roasted Turkey, Corn Bread Dressing, & Roasted Root Vegetables	Italian Braised Pork Loin & Oven Roasted Potatoes	Italian Meatloaf, Rosemary Brown Sauce & Roasted Root Vegetables	
Featured Dessert		Carrot Cake	Apple Dumpling & Chantilly Cream	Angel Food Cake & Mixed Berry Compote	

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Week 5					Master
	Monday	Tuesday	Wednesday	Thursday	Friday
Soup	Black Bean	Cream of Broccoli	Hot & Sour	Mulligatawny	Austrian Cream Cheese
Featured Salad	Lemon Basil Chicken Salad Plate (Mixed Greens, Fresh Seasonal Fruit, Lemon Poppyseed Muffin)	Lemon Basil Chicken Salad Plate (Mixed Greens, Fresh Seasonal Fruit, Lemon Poppyseed Muffin)	Lemon Basil Chicken Salad Plate (Mixed Greens, Fresh Seasonal Fruit, Lemon Poppyseed Muffin)	Lemon Basil Chicken Salad Plate (Mixed Greens, Fresh Seasonal Fruit, Lemon Poppyseed Muffin)	Lemon Basil Chicken Salad Plate (Mixed Greens, Fresh Seasonal Fruit, Lemon Poppyseed Muffin)
Lunch Features	Bacon Cheese Burger (Lettuce, Tomato, On a Kaiser Roll, Root Chips & Pickle)	Grilled Flank Steak Wrap (Lettuce, Pickled Onions, Horseradish Cream, Root Chips & Pickle)	Grilled Chicken Club (Apple Cherry Chutney, Lettuce, Tomato, Bacon, On a Kaiser, Root Chips & Pickle)	Ham & Cheese Quiche, Pasta Salad	Hamburger (Lettuce, Tomato, on a Kaiser Roll, Root Chips & Pickle)
		Chicken Pot Pie (Flaky Puff Pastry)	Baked Ziti & Garlic Bread	Asian Braised Chicken & Coconut Rice Pilaf	
Featured Dessert		Cream Puffs	Chocolate Cream Tarts	Spiced Pumpkin Roll	

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Week 6					Master
	Monday	Tuesday	Wednesday	Thursday	Friday
Soup	Chicken Tortilla	Cream of Mushroom	Sweet Potato, Apple Ginger	Creamy Lemon Chicken & Rice	Chicken Vegetable
Featured Salad	Italian Hummus Salad Plate (White Bean Puree, Pita Chips, Garden Salad, Lemon Parsley Vinaigrette)	Italian Hummus Salad Plate (White Bean Puree, Pita Chips, Garden Salad, Lemon Parsley Vinaigrette)	Italian Hummus Salad Plate (White Bean Puree, Pita Chips, Garden Salad, Lemon Parsley Vinaigrette)	Italian Hummus Salad Plate (White Bean Puree, Pita Chips, Garden Salad, Lemon Parsley Vinaigrette)	Italian Hummus Salad Plate (White Bean Puree, Pita Chips, Garden Salad, Lemon Parsley Vinaigrette)
Lunch Features	Southwestern Chicken Wrap (Chipotle Sour Cream, Mixed Greens, Cheddar, Black Beans, Tomato, Root Chips & Pickle)	Roasted Turkey Club (Lettuce, Tomato, Bacon, Apple Cherry Chutney, on a Kaiser, Root Chips & Pickle)	Hearty Vegetable Quiche & Pasta Salad	Philly Cheesesteak Sub (Cheddar, Grilled onions, peppers & mushrooms, Root Chips & Pickle)	Roast Pork Loin Sandwich (Garlic Mayo, Lettuce, Caramelized Onions, on a Kaiser Roll, Root Chips & Pickle)
		Herb Roasted Chicken, Mushroom Thyme Sauce & Roasted Root Vegetables	Beef Stew Over Egg Noodles	Greek Spinach Pie Triangles, Pita Chips & Roasted Eggplant Dip	
Featured Dessert		Chocolate Pinwheel	Cream Puffs	Vanilla Cream Tarts	